

# A Guide to Using the ASVAB CEP to Meet the ASCA Mindsets & Behaviors for Student Success<sup>1</sup>

ASVAB CEP Activity	ASCA Category			
	Mindset Standards	Behavior Standards – Learning Strategies	Behavior Standards – Self-Management Skills	Behavior Standards – Social Skills
<b>PRIMARY PROGRAM COMPONENTS</b>				
ASVAB Test	M2, M4, M5	B-LS1, B-LS5, B-LS7, B-LS9	B-SMS3, B-SMS5, B-SMS6	B-SS1
FYI (Find Your Interests) Inventory	M1, M2, M6	B-LS1, B-LS2, B-LS4, B-LS5, B-LS7, B-LS9, B-LS10	B-SMS3, B-SMS8, B-SMS10	B-SS1, B-SS9
OCCU-Find	M1, M2, M4, M5, M6	B-LS1, B-LS4, B-LS5, B-LS7, B-LS9	B-SMS1, B-SMS3, B-SMS5, B-SMS8, B-SMS10	B-SS1, B-SS9
My Portfolio	M1, M2, M4, M5, M6	B-LS1, B-LS3, B-LS4, B-LS5, B-LS7, B-LS9	B-SMS1, B-SMS3, B-SMS5, B-SMS8, B-SMS10	B-SS1, B-SS9
<b>WEB-BASED AND IN-CLASS ACTIVITIES</b>				
My Educational and Career Plans	M1, M2, M3, M4, M5, M6	B-LS1, B-LS4, B-LS7, B-LS9	B-SMS3, B-SMS4, B-SMS5, B-SMS10	B-SS1, B-SS8, B-SS9
Coursework Planner	M2, M3, M4, M6	B-LS1, B-LS3, B-LS4, B-LS6, B-LS7, B-LS8, B-LS9	B-SMS1, B-SMS3, B-SMS5, B-SMS10	B-SS1, B-SS9
Thinking About Work Values	M1, M6	B-LS2, B-LS7, B-LS9	B-SMS8, B-SMS10	B-SS1, B-SS2, B-SS9
Seeing STEM in the Everyday	M1, M5	B-LS2, B-LS9	B-SMS6, B-SMS8	B-SS1
Skills Employers Value Most	M1, M5, M6	B-LS1, B-LS9	B-SMS8, B-SMS10	B-SS1, B-SS6, B-SS7
Create a LinkedIn Profile	M1, M2, M4	B-LS1, B-LS2, B-LS3, B-LS4, B-LS5, B-LS7	B-SMS1, B-SMS2, B-SMS3, B-SMS9, B-SMS10	B-SS1, B-SS3, B-SS9
Create an Action Plan	M1, M2, M3, M4, M5	B-LS1, B-LS3, B-LS4, B-LS7, B-LS9	B-SMS1, B-SMS2, B-SMS3, B-SMS5, B-SMS10	B-SS1, B-SS3
Virtual Job Shadow	M2, M4	B-LS1, B-LS4, B-LS5, B-LS9	B-SMS1, B-SMS3, B-SMS10	B-SS1, B-SS3, B-SS9
Cost of a Career	M4	B-LS1, B-LS7, B-LS9	B-SMS1, B-SMS3, B-SMS4, B-SMS5, B-SMS10	B-SS1
Math Skill Analysis	M4, M5	B-LS1, B-LS7, B-LS9	B-SMS1, B-SMS5	B-SS1
Scientific Leaps and Bounds	M1, M3, M4, M6	B-LS1, B-LS5, B-LS8, B-LS9	B-SMS1, B-SMS2, B-SMS3	B-SS1, B-SS5, B-SS9
With STEM Field is Right for Me?	M1, M4, M6	B-LS1, B-LS3, B-LS4, B-LS5, B-LS7, B-LS9	B-SMS1, B-SMS2, B-SMS3, B-SMS5	B-SS1, B-SS2
Listen Before You Launch	M1, M4, M5, M6	B-LS1, B-LS3, B-LS4, B-LS5, B-LS7, B-LS8, B-LS9	B-SMS1, B-SMS2, B-SMS3, B-SMS5, B-SMS8	B-SS1, B-SS3, B-SS5, B-SS9
CTE Reel Review	M3, M4, M6	B-LS1, B-LS2, B-LS4, B-LS5, B-LS9	B-SMS3, B-SMS5, B-SMS8	B-SS1, B-SS9
What do Real Jobs Look Like?	M2, M4, M5, M6	B-LS1, B-LS3, B-LS4, B-LS5, B-LS8, B-LS9	B-SMS1, B-SMS2, B-SMS3	B-SS1, B-SS9
Interests and Needs	M1, M4, M5, M6	B-LS1, B-LS4, B-LS8, B-LS9	B-SMS1, B-SMS2, B-SMS3	B-SS1, B-SS2, B-SS3, B-SS4, B-SS5, B-SS9
Giving Back	M1, M2, M3, M4, M5, M6	B-LS1, B-LS2, B-LS4, B-LS5, B-LS8, B-LS9, B-LS10	B-SMS1, B-SMS2	B-SS1, B-SS2, B-SS3, B-SS4, B-SS5, B-SS6, B-SS8, B-SS9
Career Exploration Essay	M1, M2, M4, M6	B-LS1, B-LS2, B-LS3, B-LS4, B-LS5, B-LS7, B-LS9	B-SMS1, B-SMS3, B-SMS4, B-SMS5, B-SMS10	B-SS1
Elevator Pitch Video	M1, M2, M4, M6	B-LS1, B-LS2, B-LS3, B-LS4, B-LS5, B-LS7, B-LS9	B-SMS1, B-SMS3, B-SMS4, B-SMS5, B-SMS10	B-SS1
Career Collage Project	M1, M4	B-LS1, B-LS2, B-LS3, B-LS5, B-LS7, B-LS8	B-SMS3, B-SMS5	B-SS1, B-SS3
Write Your Story	M2, M4, M6	B-LS2, B-LS3, B-LS4, B-LS5, B-LS8	B-SMS3	B-SS1, B-SS3
History and New-Found Knowledge	M1, M2, M4, M5, M6	B-LS1, B-LS2, B-LS3, B-LS4, B-LS5, B-LS7, B-LS8, B-LS9	B-SMS1, B-SMS2, B-SMS3, B-SMS5, B-SMS7, B-SMS10	B-SS1, B-SS3, B-SS9
Family Career Tree	M2, M3, M4, M6	B-LS1, B-LS2, B-LS3, B-LS5, B-LS9	B-SMS1, B-SMS3	B-SS1, B-SS3
Plan Your Adventure	M1, M2, M4, M6	B-LS1, B-LS2, B-LS3, B-LS4, B-LS5, B-LS7, B-LS9	B-SMS-1, B-SMS2, B-SMS3, B-SMS5	B-SS1, B-SS3, B-SS5, B-SS9

WEB-BASED TOOLS, TUTORIALS, AND MEDIA CENTER ARTICLES (Support Materials)				
Understanding Your ASVAB Results Tutorial	M2, M4, M5	B-LS4, B-LS5, B-LS7, B-LS9	B-SMS3, B-SMS5, B-SMS6	B-SS1
Taking the FYI Tutorial	M2, M5, M6	B-LS1, B-LS4, B-LS5, B-LS7, B-LS9	B-SMS3, B-SMS8, B-SMS10	B-SS4, B-SS9
Exploring the OCCU-Find Tutorial	M2, M4, M5, M6	B-LS1, B-LS3, B-LS4, B-LS5, B-LS6, B-LS7, B-LS9	B-SMS1, B-SMS3, B-SMS6, B-SMS10	B-SS1, B-SS9-SS6
S.M.A.R.T Goal Setting	M4, M5, M6	B-LS1, B-LS3, B-LS4, B-LS6, B-LS7	B-SMS1, B-SMS3, B-SMS5, B-SMS6, B-SMS10	B-SS1, B-SS9
Writing a High School Resume that Stands Out	M1, M2, M5, M6	B-LS1, B-LS2, B-LS4, B-LS6, B-LS7	B-SMS1, B-SMS3, B-SMS5, B-SMS8, B-SMS10	B-SS1, B-SS5, B-SS9
What's the Difference? High School vs. College	M4	B-LS1, B-LS8, B-LS9	B-SMS1, B-SMS10	B-SS9
Making the Most of College Visits	M3, M4, M6	B-LS1, B-LS4, B-LS7, B-LS9	B-SMS5, B-SMS10	B-SS1, BSS-6, B-SS9
Seven Things Professors Wish Every Freshman Knew	M3, M4, M5, M6	B-LS3, B-LS4, B-LS6, B-LS8, B-LS10	B-SMS1, B-SMS2, B-SMS3, B-SMS4, B-SMS5, B-SMS6, B-SMS10	B-SS1, B-SS2, B-SS3, B-SS5, B-SS6, B-SS7, B-SS8, B-SS9
Planning for College	M1, M2, M4, M5, M6	B-LS3, B-LS4, B-LS7, B-LS9, B-LS10	B-SMS1, B-SMS2, B-SMS3, B-SMS5, B-SMS8, B-SMS10	B-SS3, B-SS5, B-SS9
What are Colleges Looking for in High School Students	M1, M3, M4, M5, M6	B-LS1, B-LS2, B-LS4, B-LS6, B-LS8	B-SMS1, B-SMS2, B-SMS3, B-SMS5, B-SMS8	B-SS1, B-SS5, B-SS9
Navigating the Decision-Making Process	M1, M5, M6	B-LS1, B-LS2, B-LS4, B-LS7, B-LS9	B-SMS1, B-SMS3, B-SMS5, B-SMS6, B-SMS8, B-SMS10	B-SS2, B-SS3, B-SS6, B-SS8, B-SS9
Help Yourself (And Others)	M1	B-LS4, B-LS10	B-SMS1, B-SMS8, B-SMS10	B-SS4, B-SS5, B-SS9
CTE: Getting Ready for Life After High School	M1, M2, M4, M5, M6	B-LS1, B-LS2, B-LS4, B-LS5, B-LS6, B-LS7, B-LS9, B-LS10	B-SMS1, B-SMS2, B-SMS3, B-SMS5, B-SMS10	B-SS1, B-SS2, B-SS3, B-SS6, B-SS7, B-SS9
Exploring the Gap Year	M1, M2, M4, M6	B-LS2, B-LS4, B-LS7, B-LS9, B-LS10	B-SMS3, B-SMS4, B-SMS8, B-SMS10	B-SS4, B-SS5, B-SS7, B-SS9
Financing Your Future	M2	B-LS1, B-LS3, B-LS4, B-LS5, B-LS9	B-SMS1, B-SMS2, B-SMS3, B-SMS5	B-SS1, B-SS3
Why You Should Get an Internship	M1, M2, M5	B-LS1, B-LS3, B-LS4, B-LS5, B-LS9	B-SMS1, B-SMS2, B-SMS3, B-SMS5	B-SS1, B-SS3

<sup>1</sup>Taken from <https://www.schoolcounselor.org/asca/media/asca/home/MindsetsBehaviors.pdf>.

Participation is free and voluntary. To receive an access code to login to [www.asvabprogram.com](http://www.asvabprogram.com) and view ASVAB CEP exclusive features, please contact your local Education Services Specialist at 1-800-323-0513. Enter the access code to complete the FYI inventory and use the career exploration tool (OCCU-Find) to get a feel for how students experience career exploration with the ASVAB CEP.

## The ASCA Mindsets & Behaviors for Student Success: K-12 College- and Career-Readiness Standards for Every Student

Each of the following standards can be applied to the academic, career and social/emotional domains.

<b>Category 1: Mindset Standards</b> School counselors encourage the following mindsets for all students.		
<b>M 1.</b> Belief in development of whole self, including a healthy balance of mental, social/emotional and physical well-being <b>M 2.</b> Self-confidence in ability to succeed <b>M 3.</b> Sense of belonging in the school environment <b>M 4.</b> Understanding that postsecondary education and life-long learning are necessary for long-term career success <b>M 5.</b> Belief in using abilities to their fullest to achieve high-quality results and outcomes <b>M 6.</b> Positive attitude toward work and learning		
<b>Category 2: Behavior Standards</b> Students will demonstrate the following standards through classroom lessons, activities and/or individual/small-group counseling.		
Learning Strategies	Self-Management Skills	Social Skills
<b>B-LS 1.</b> Demonstrate critical-thinking skills to make informed decisions	<b>B-SMS 1.</b> Demonstrate ability to assume responsibility	<b>B-SS 1.</b> Use effective oral and written communication skills and listening skills
<b>B-LS 2.</b> Demonstrate creativity	<b>B-SMS 2.</b> Demonstrate self-discipline and self-control	<b>B-SS 2.</b> Create positive and supportive relationships with other students
<b>B-LS 3.</b> Use time-management, organizational and study skills	<b>B-SMS 3.</b> Demonstrate ability to work independently	<b>B-SS 3.</b> Create relationships with adults that support success
<b>B-LS 4.</b> Apply self-motivation and self-direction to learning	<b>B-SMS 4.</b> Demonstrate ability to delay immediate gratification for long-term rewards	<b>B-SS 4.</b> Demonstrate empathy
<b>B-LS 5.</b> Apply media and technology skills	<b>B-SMS 5.</b> Demonstrate perseverance to achieve long- and short-term goals	<b>B-SS 5.</b> Demonstrate ethical decision-making and social responsibility
<b>B-LS 6.</b> Set high standards of quality	<b>B-SMS 6.</b> Demonstrate ability to overcome barriers to learning	<b>B-SS 6.</b> Use effective collaboration and cooperation skills
<b>B-LS 7.</b> Identify long- and short-term academic, career and social/ emotional goals	<b>B-SMS 7.</b> Demonstrate effective coping skills when faced with a problem	<b>B-SS 7.</b> Use leadership and teamwork skills to work effectively in diverse teams
<b>B-LS 8.</b> Actively engage in challenging coursework	<b>B-SMS 8.</b> Demonstrate the ability to balance school, home and community activities	<b>B-SS 8.</b> Demonstrate advocacy skills and ability to assert self, when necessary
<b>B-LS 9.</b> Gather evidence and consider multiple perspectives to make informed decisions	<b>B-SMS 9.</b> Demonstrate personal safety skills	<b>B-SS 9.</b> Demonstrate social maturity and behaviors appropriate to the situation and environment
<b>B-LS 10.</b> Participate in enrichment and extracurricular activities	<b>B-SMS 10.</b> Demonstrate ability to manage transitions and ability to adapt to changing situations and responsibilities	