

CAREER CONNECTIONS

THE ASVAB CEP PARENT NEWSLETTER



WINTER 2010

EXTRACURRICULAR ACTIVITIES LIFE OUTSIDE THE CLASSROOM

Be active in your teen's future – get them involved.

"Extracurricular activities are programs which fulfill two basic conditions: 1) they are not part of the regular school, curricular program; and 2) they are structured in some way (not just socializing, but working towards some prosocial mission or goal)."¹

Studies show that involvement in high school extracurricular activities leads to positive long term outcomes in individual lives.² Beyond demonstrating your teen's interests and individuality, extracurricular activities prove they are able to make a meaningful contribution to something; maintain a long-term commitment; and manage their time and priorities.³ In addition, colleges look for applicants who are motivated outside of the classroom.

Career and Technical Student Organizations (CTSOs) are extensions of the classroom in that participants gain knowledge and skills beneficial for employment preparation.⁴ These types of organizations offer activities that support teens' social and academic growth by focusing on developing career, interpersonal, and leadership skills, as well as self-confidence, communication and decision making ability.⁵

Volunteering, internships, student clubs and organizations, and athletic programs are other activities that give your teen the opportunity to gain real-world experience.

Your teen's interests will dictate the types of activities they will enjoy. If your teen is participating in the ASVAB CEP, they are on their way to understanding their interests, values, and abilities. The FYI interest inventory results represent your teen's top interest codes – a combination of six interest areas that describe their career related interests. These interest codes can help your teen identify activities that will ultimately help them develop skills they can parlay into success in the world of work.



Career and Technical Student Organizations

Your teen could benefit from participating in a CTSO. Read their missions below.

DECA - prepares emerging leaders and entrepreneurs in marketing, finance, hospitality and management

SkillsUSA - helps members become world-class workers, leaders and responsible American citizens

Family, Career, and Community Leaders of American (FCLCLA) – makes a difference by addressing important personal, work, and societal issues through family and consumer sciences education

Future Farmers of America (FFA) – helps young people meet tomorrow's challenges by exploring their interests and developing their skills

Future Business Leaders of America (FBLA) – provides young people the opportunity to prepare for success as leaders in our businesses, government, and communities

Health Occupations Students of American (HOSA) - promotes career opportunities in the health care industry and enhances the delivery of quality health care to all people

Ask a school counselor if these organizations are available at your teen's school. To find out more information on CTSOs, visit <http://www2.ed.gov/about/offices/list/ovae/pi/cte/vso.html>

GIVE your child's FUTURE a boost today.

www.asvabprogram.com

¹ <http://www.unce.unr.edu/publications/files/cy/other/fs9932.pdf>

² (http://www.allacademic.com/meta/p_mla_apa_research_citation/1/1/0/2/0/p110208_index.html)

³ <http://www.collegeboard.com/student/plan/high-school/113.html>

⁴ <http://opensiuc.lib.siu.edu/cgi/viewcontent.cgi?article=1054&context=ojewed>

⁵ <http://www.cotsa.ccs.edu/permDocs/TheBenefitsofImplementingCTSO.pdf>



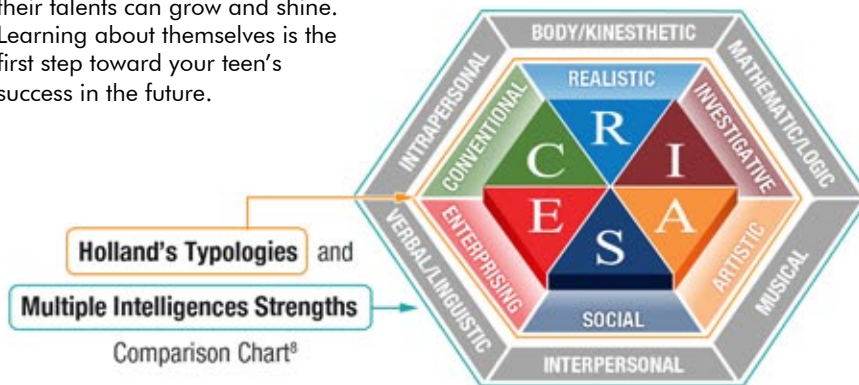
INTERESTS AND INTELLIGENCE

Harvard Professor, Howard Gardner, Ph.D., developed the theory of Multiple Intelligences to broaden the traditional concept of intelligence to allow people to see their worth beyond their grades. His theory expands the concept of intelligence so that it includes other skills outside of academic ability. His theory combines academic ability (linguistic and logical-mathematical) with aptitudes and talents (kinesthetic, musical, spatial, naturalist), and personal intelligences (interpersonal and intrapersonal) to help adolescents build self awareness.

In his own words, Dr. Gardner said, "When children are young, we should encourage well roundedness. As they grow older, it becomes more important to discover and cultivate areas of strength. Livelihood and happiness are more likely to emerge under those circumstances."⁶ Sometimes "strengths cannot be identified in traditional tests."⁷ So, encourage your teen to get to know their self. Developing self-awareness, knowledge, skills, and values will help them determine a career that is fulfilling.

The ASVAB test doesn't just test your teen's academic intelligence. It's a multiple aptitude test which means it looks at different areas of skills and abilities, like mechanics! It's a great tool for your teen to see how their interests match up with their skills.

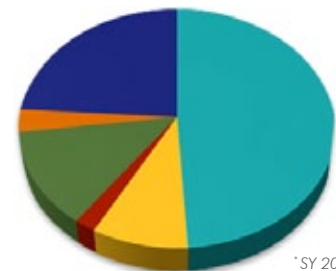
Keep your teen's top interest codes in mind when encouraging them to participate in an extracurricular activity. He didn't make the team? She didn't get the lead in the school play? Use your teen's top interest codes to help them identify an organization or opportunity where their talents can grow and shine. Learning about themselves is the first step toward your teen's success in the future.



WHAT WILL YOUR TEEN DO AFTER HIGH SCHOOL?

We surveyed high school students who participated in the ASVAB Program and here's what they thought they'd do after high school:*

- 49%** - 4-yr College
- 9%** - 2-yr College
- 2%** - Vo-Tech
- 13%** - Military
- 3%** - Work
- 24%** - Undecided



*SY 2009-10

MULTIPLE INTELLIGENCES

Verbal/Linguistic – the ability to use spoken and written language effectively to express one's self

Mathematic/Logic – the ability to analyze problems and mathematical operations logically, find patterns, use deductive reasoning, and investigate issues using the scientific method

Musical – the ability to perform, compose, and appreciate musical patterns, including changes in pitch, tone, and rhythm

Body/kinesthetic – the ability to use the body for expression

Interpersonal – the ability to understand people's intentions, motivations, and desires

Intrapersonal – the ability to understand yourself, and to interpret and appreciate your own feelings and motivations

⁶ <http://www.edutopia.org/multiple-intelligences-howard-gardner-interview>

⁷ <http://www.edutopia.org/multiple-intelligences-introduction>

⁸ Holland's Typologies and Multiple Intelligences Strengths Comparison Chart: <http://etd.ohiolink.edu/send-pdf.cgi/green%20Crystal.pdf?kent1271450339>